

INFLAMMATION

- Inflammation is a reaction of living vascularized tissues to injury (response of living tissue to injury)
- It involves a well-organized cascade of vascular and cellular changes within living tissue

INFLAMMATION

. AETIOLIGY:

- 1. Infectious (living) irritants: Bacteria & their toxins, viruses, fungi & parasites.
- 2. Physical irritants as heat, cold and radiation.
- **3.** Chemical irritants as acids, alkalies.
- 4. Mechanical irritants as trauma.
- 5. Exposure to antigens leading to hypersensitivity reactions.

General characteristics of inflammation :

- 1. The inflammatory process is redundant and complex.
- 2. The process is continuous over a period of time. Peracute, acute, subacute, and chronic.
- 3. Inflammation is caused by a stimulus and removal of the stimulus should result in abatement of inflammation. If it doesn't get fixed in the acute period, it becomes chronic.
- 4. Blood is the primary delivery system for inflammatory components.
- 5. Inflammation is on a continuum with the healing process.

Cardinal features:

- Rubor (redness);
- Tumor (swelling);
- Calor (heat);
- Dolor (pain);
- Functio laesa (loss of function)

INFLAMMATION

FUNCTION:

- It represents a **protective** response aiming at:
- **1. Removal** of the initial cause of injury (irritants as microbes or toxins).
- 2. Removal of the consequences of such injury (e.g. necrotic cells) (**repair**).

ADVERSE EFFECTS:

- 1. Pain.
- 2. Thrombosis (not in all condition).
- 3. Perforation of a viscous as in cases of appendicitis (not in all cases).

Beneficial effects Harmful effects Dilution of toxins Persistent cytokine release • Entry of antibodies Destruction of Fibrin formation normal tissues Delivery of Swelling nutrients and Inappropriate oxygen inflammatory Stimulation of response immune response

Systemic Effects of Inflammation

Leukocytosis

 Leukocytosis is a common feature of inflammatory reactions. Leukocytosis means that there is an abnormally high number of circulating white blood cells

• Fever

- Fever is coordinated by the hypothalamus and involves a wide range of factors.
- Bactereamia , Endotoxemia and Speticeamia
- Sepsis is the term used for disease due to toxic bacterial products circulating in the blood.
- Endotoxemia specifically refers to circulating gramnegative bacterial toxic products(LPS).

Inflammatory reaction

• 1- TISSUE INJURY :

- Degeneration and /or
- Necrosis

• 2. VASCULAR EVENTS

- Vasodilation
- And then increased Vascular permeability

• 3. CELLULAR EVENTS

- Cells move out of the vessels into the area of inflammation using *chemotaxis*
- Inflammatory cells become *activated* and then can *phagocytose* offending materials

INFLAMMATION

TYPES:

- **1. Acute inflammation:** Rapid onset & short duration (days or weeks).
- 2. Chronic inflammation: Gradual onset & longer duration (several months or years).
- **3. Subacute inflammation:** Grades of inflammation between acute and chronic.
- 4- peracute inflammation (no cl.signs)

ACUTE INFLAMMATION

DEFINITION:

 It is a type of inflammation characterized by rapid onset and short duration.

LOCAL CHANGES IN ACUTE INFLAMMATION:

- The following changes occur in the <u>irritated tissue</u>:
- 1. local tissue damage.
- 2. Release of chemical mediators.
- 3. local vascular changes.

 I) At the site of injury, there are some degenerated and necrotic cells, accompanied by release of chemical mediators.

II) RELEASE OF CHEMICAL MEDIATORS 1) Definition:

Chemical substances that control the inflammatory response.

2) Types of chemical mediators:

I) Cell-Derived Chemical Mediators:

1- Vasoactive Amines:

- a) Histamine.
- b) Serotonin.

2- Arachidonic Acid Metabolites:

- a) Prostaglandins.
- b) Leukotrienes.

3- Cytokines: 2 types.

a) Lymphokines: derived from lymphocytes (as interleukin-2 (IL-2)b) Monokines: derived from monocytes as (TNF) and IL-1.

4- Lysosomal enzymes derived from neutrophils and macrophages.

5- Platelet Activating Factor (PAF).

CHEMICAL MEDIATORS

II)Plasma Factors:

- 1-Kinins as bradykinin.
- 2-Complement system, as C3a and C5a components.

III)Bacterial Products.

- 3) Effect Of Chemical Mediators:
- 1. Vasodilatation.
- 2. Increased vascular permeability.
- 3. Chemotaxis.
- 4. Other effects as fever.

III) LOCAL VASCULAR CHANGES

• **SEQUENCE (STEPS):**

1- Transient Vasoconstriction:

Due to irritation of the vessel wall

 stimulation of the vasoconstrictor nerves. It
 lasts for seconds or minutes, followed by
 vasodilatation.

2- Vasodilatation:

- Caused by action of chemical mediators as histamine on vessel walls.
- The increased blood flow (hyperemia) → redness & hotness of the inflamed area (the <u>flare</u> phenomenon).

LOCAL VASCULAR CHANGES

- 3- Increased Vascular Permeability & Formation of Exudate:
- The mechanism includes:
- Endothelial cell contraction & retraction (be chemical mediators)→ widening of the intercellular junctions creating gaps between the endothelial cells.
- It leads to vascular leakage → fluid exudate (followed by cellular exudate).

LOCAL VASCULAR CHANGES

- 4- Vascular Slowing (Stasis):
- It is due to increased blood
 viscosity due to vascular leakage.
- It may have an adverse effect since vascular stasis can lead to thrombosis.

Formation Of The Inflammatory Cellular Exudate



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LOCAL VASCULAR CHANGES

2-Formation Of The Inflammatory Cellular Exudate:

Mechanism of formation:

- a-<u>Margination and Pavementing of Leucocytes:</u>
- b-<u>Emigration of leucocytes (neutrophils</u> <u>¯ophages):</u>
- c-<u>Passive escape of red cells (diapedesis</u>):

d-<u>Chemotaxis</u>:

- **Definition**: It is the <u>directed movement</u> of emigrating leukocytes to the site of injury.
- Aim: phagocytosis of foreign particles as bacteria

e- Phagocytosis:

 Definition: Phagocytosis is the process by which the phagocytic cells recognize then engulf abnormal particles such as bacteria, dead cells followed by their degradation.

- Mechanism of phagocytosis:
- a) Recognition & attachment of bacteria (opsonisation): Bacteria are coated by an opsonin which is an immunoglobulin or complement factor.
- b) Engulfment: Phagocytic leukocytes surround the opsonised bacteria by pseudopodia. Fusion of pseudopodia → phagocytic vacuole (phagosome).
- c) <u>Degradation</u>: Killing bacteria may be done through:

i) Oxygen dependent mechanisms: Formation of hydrogen peroxide or superoxide which are bactericidal.

ii) Oxygen-independent mechanisms: Lysosomes→ a powerful bactericidal activity.

LOCAL SIGNS & SYMPTOMS OF ACUTE INFLAMMATION

- 1- Redness due to vasodilatation & opening of capillary bed \rightarrow increased blood flow.
- **2-Hotness** due to increased blood flow. Redness & hotness are called flare.
- 3- Swelling due to accumulation of exudate (edema).
- 4-Pain.

5- Loss of function: due to pain and tissue damage.

FATE OF ACUTE INFLAMMATION

- **1-<u>Resolution</u>**: This is return of the tissue to its normal state. It occurs when inflammation is limited and tissue damage is minimal.
- 2-<u>Regression and healing</u>: Inflammation subsides but there is tissue damage which is gradually repaired.
- **3-<u>Progression and spread</u>**: With weak immunity, bacteria may spread:
- Direct spread.
- Lymphatic spread causing lymphangitis and lymphadenitis.
- Blood spread which may lead to serious effects as septicaemia.
- 4-<u>Chronicity</u>: This occurs if the injurious agent could not be eliminated completely.

TYPES OF ACUTE INFLAMMATION according to exudate

- **1- Suppurative** (purulent, septic or pyogenic) inflammation: Characterized by pus formation.
- Suppurative inflammation may be:
 - a) Localized as abscess, boil and carbuncle.

b) **Diffuse** as cellulitis, suppurative appendicitis & diffuse septic peritonitis.

2- Nonsuppurative types:

- a) serous
- c) serofibrinous
- e) granuloamtous
- g) necrotizing

b) fibrinous
d) catarrhal
f) hemorrhagic
h) allergic

I – ACUTE SUPPURATIVE INFLAMMATION (Septic, Purulent or Pyogenic Inflammation)

Definition:

Acute inflammation characterized by pus formation.
<u>Caused by:</u>

Pyogenic organisms as:

-Staphylococcus aureus.

-Streptococcus hemolyticus.

ACUTE SUPPURATIVE INFLAMMATION

Mechanism (Pathogenesis) Of Pus Formation:

- Pyogenic organisms cause:
 - a) Remarkable tissue necrosis.
 - b) Attraction of a huge number of <u>neutrophils</u>.
 - c) Death of many neutrophils due to high virulence of the bacteria \rightarrow <u>pus cells</u>
 - d) Dead neutrophils (<u>pus cells</u>) release their <u>proteolytic</u> enzymes \rightarrow liquefaction of necrotic tissue & fibrin.
- The liquefied necrotic tissue mixed with pus cells & fluid exudate form a <u>turbid creamy fluid called PUS</u>.

Acute Suppurative Inflammation

It is Characterized by pus formation.



ACUTE SUPPURATIVE INFLAMMATION

Types of suppurative inflammation:

1-<u>LOCALIZED</u>

- -Causative organism: Staphylococcus aureus.
- -Why: coagulase enzyme \rightarrow fibrin deposition \rightarrow localization.
- -Examples: a) <u>Abscess.</u> b<u>) Boil (furuncle</u>). c) <u>Carbuncle.</u> 2-<u>DIFFUSE</u>
- -Causative organism: Streptococcus haemolyticus.
- -Why: hyaluronidase (spreading factor) & streptokinase (fibrinolysin) which dissolves fibrin.
- -Examples: a) Cellulitis.
 - b) Suppurative appendicitis.
 - c) Diffuse septic peritonitis.

4)Pathological features:

Early: two zones can be recognized:

- a) A central zone of necrosis.
- b) A peripheral zone of inflammation showing many neutrophils, pus cells, macrophages, dilated capillaries and fibrin.
- Later: progressive liquefaction starts at the margin of necrotic tissue → three zones:
 - a) A central necrotic core.
 - b) A mid zone of pus.
 - c) The peripheral zone of inflammation (now called the pyogenic membrane).

Finally:

The central necrotic core may disappear by further liquefaction and the abscess may enlarge if the bacteria cause further necrosis and liquefaction.

5-Fate of abscess:

a) **Small abscess**: Pus may be absorbed, followed by healing.

b) Large abscess: if not surgically incised \rightarrow pointing & rupture (spontaneous evacuation) \rightarrow healing.

<u>6)Complications of abscess:</u>

1-Spread of infection:

a)Direct spread leads to abscess enlargement.

b)Lymphatic spread leads to lymphangitis and lymphadenitis. c)Blood spread may lead to:

-Toxaemia: Bacterial toxins circulating in the blood.

-Septicemia: large numbers of virulent bacteria & their toxins circulating in blood. Commonly fatal.

-Pyaemia: Septic venous thrombi (septic thrombophlebitis) may develop close to the abscess. If these thrombi become fragmented → circulating septic emboli → multiple small abscesses in distant organs. These small abscesses are called pyemic abscesses and the whole process is called pyemia.

2-<u>Complications Of Evacuation And</u> <u>Healing:</u>

- a) Ulcer: It is a local defect within a surface (skin, mucosa...). It is due to separation of inflammatory necrotic tissue.
- **b) Sinus:** It is a blind ended tract between a deep abscess and the surface.
- c) Fistula: A tract communicating between two surfaces or hollow organs.

Bowel lumen



Fig. 12.18 (a) A sinus, and (b) a fistula. Both usually arise from a preceding abscess. (a) This shows that a sinus is a blind track, in this case a pilonidal sinus with its hairs; (b) this shows that a fistula is a track connecting two (epithelial) lined surfaces, in this case a colocutaneous fistula.



FURUNCLE (BOIL)

Definition:

Staphylococcal infection of the hair follicles (folliculitis).

CARBUNCLE

Definition: A <u>special</u> type of localized suppurative inflammation characterized by multiple communicating deep subcutaneous abscesses, opening on skin by multiple sinuses.

ACUTE DIFFUSE SUPPURATIVE INFLAMMATION

CELLULITIS

<u>1-Definition</u>:

Cellulitis is an acute diffuse suppurative inflammation.

ACUTE NON-SUPPURATIVE INFLAMMATION

Defintion:

 it is a type of acute inflammation <u>NOT</u> associated with pus formation.

Types:

- 1. Serous
- 2. Fibrinous
- 3. Serofibrinous
- 4. Catarrhal
- 5. Granulomatous
- 6. Hemorrhagic
- 7. Necrotizing
- 8. Allergic

PSEUDOMEMBRANOUS INFLAMMATION Fibrinous inflammation



Chronic inflammation

- Host response to an inciting stimulus that goes on for weeks or months
- Characteristics:
 - Not usually red or hot (unlike acute inflammation)
 - Do not "ooze"
 - Productive or proliferative
 - Often present in infections with higher order organisms (mycobacteria, fungi, metazoan parasites) and in many autoimmune diseases
- Histologic appearance:
- Primarily mononuclear cells involved
- Fibroblasts and new blood vessels, together called "granulation tissue"
- Granulomatous inflammation
- Is always chronic
- Is composed predominantly of macrophages
- May have multinucleate giant cells macrophages fuse



